

IGNITE YOUR LIFE

TORCH BEARERS

ENLIGHTENING YOUR FAMILY

BECOMING LIMITLESS

TEEN AWAKENING

JIVA CAREER PROGRAM



Explore Empower Enlighten

ELIXIR SOLUTIONS

Elixir Solutions is a training organization Involved in training and mentoring for people of all ages. We conduct various training programs designed to meet the needs of youth, teachers, parents, leaders and corporates .

VISION

“An Educated and Enlightened society”

MISSION

“To build life on a strong foundation of love, peace, synergy, wisdom and togetherness for the present and future generation”

Torch Bearers

- Teaching Methodology and Pedagogy
- Emotional Intelligence
- 21st Century Skills
- Self Empowerment
- Role of a Teacher
- Quality Circle Time (qct)
- Multiple Intelligence Approach to Teaching
- Lesson Planing Based on Multiple Intelligence from Kg to 12th
- Blooms Taxonomy
- Learning Style
- Multiple Intelligence Based Activity for all Subjects
- Jolly Phonics
- Curriculum Planning for Teachers from Kg to 12th



Enlightening Your Family

- Self Understanding
- Psycho Linguistic approach to Relationship Building
- 12 Strategies for Effective Parenting
- Emotional Freedom Techniques (eft)
- Creating Life of Abundance



Becoming Limitless

- Self Empowerment
- Communication Skills
- Team Building Skills
- Wealth Consciousness
- Body Mind Wellness
- Decision Making Skills
- Leadership Skills



Teen Awakening

- Power of Self
- Unleash the Secret of Life
- Effective Communication
- Brain Gym and Yoga
- Unravel your Potential
- Effective Goal Setting Strategies





Jiva Career Program

- Understanding Self
- Understanding the World of Work
- Career Understanding
- Career Alternatives
- Understand Multiple Potential for Career Development

Our Team

Training Cordinator:

- Geevees John

Resource Persons:

- Dr. Meera P A
- Dr. Maya P A
- Sissy Sasidharan
- Haritha. P
- Anna Jose

Methodology

- Learning Centered
- Interactive
- Activity Oriented
- Progressive
- Transformational



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